

Medications and Risks

- Statins- symptoms include muscle pain, tightness, cramping, weakness, and in some cases nerve injuries, impaired thinking or memory loss.
  - Crestor
  - Lipitor
  - Pravachol
  - Rosuvastatin
  - Zocor
  
- Arthritis Drugs
  - Vioxx- taken off the market due to unpleasant side effects
  - Celebrex
  
- Lipitor advertised “relative” 33% reduction in heart attack risk ACTUALLY only reduces 2-3% (to learn more about relative verses absolute percentage see pages 114-115 in The Great Cholesterol Myth)